



Minutes of PPG meeting held on Tuesday, 12th March, 2019

Agenda Item 1: Present

Steve Bates (Chair), Toni Rampello, John Neale, Clive Robinson, Michael Whitehand, Nigel Vaughan, Mark Pitman, Mary Sadler, Peter Sadler, Gordon Lovell, Bruce Battams, Bob Gould, Vanda Gould, Jane Hanlon (Practice Manager), Dr Nigel Bunting (GP), Angela Lovell (PPG Secretary).

Agenda Item 2: Apologies

Christine Cartwright, Jan Lloyd, Penny Liddiard, Christine Page, Judith Westell and Sheila Dale.

Agenda Item 3: Draft Minutes of February 2019 meeting

These were circulated prior to the meeting and were agreed as an accurate record of the meeting. These will now be included on the Surgery's web page.

Agenda Item 4: Matters Arising

- (a) Outside tap. Discussion took place regarding the installation of an outside tap for watering the plants. A decision will be made as to whether to continue with considering the tap as someone would need to flush the link once every 7 days and that activity recorded. It was suggested that a large water butt might be an alternative and this will be looked into before any decision is made.
- (b) Horticulture/Car Park update Clive mentioned that the car park situation was horrendous on Monday. No comment at present on horticulture.
- (c) Future Speakers. The speaker for our 8th April PPG meeting will be Safia Khatoun who is a Dementia Support Worker. It was suggested that Gill Robinson from MK Cardiac Pulmonary Group at Hinton Hall might be a possible future speaker. She was a speaker at a previous meeting.
- (d) N.A.P.P. Conference at the Cheltenham Chase Hotel in Cheltenham on 15th June. To date there hasn't been any interest in attending this. Steve requested that anyone interested should contact him. (Angela and Gordon attended a previous N.A.P.P. Conference and it was very interesting.)

- (e) Suggested visit to the Medical Dogs Centre at Great Horwood. Angela contacted the organization after our last PPG meeting and 4 dates were given but unfortunately these went almost immediately. The PPG are on the waiting list and will be notified once more dates become available. The dates go very quickly. At the next PPG meeting we will ask who would be interested in going so that when the dates arrive, we are able to book up very quickly. There is a charge of £5 per person attending.
- (f) Red House Surgery PPG Welcome Pack. Steve reported that steady progress is being made. Toni is looking through the content and will get back to Steve and Jane shortly.
- (g) Core Group meetings. It has been decided that the Core Group meetings will now be scheduled to commence at 10 am instead of 12.30 pm. This fits in with the surgery activities regarding the availability of the meeting room.
- (h) PPG Awareness Week. A proposed newsletter for this. It is planned to have a current newsletter available for the PPG Awareness Week. Toni requested articles for inclusion in this. Bruce will get those interested in planning the Awareness week together for a meeting shortly.

Agenda Item 5: Our guess speaker is Zoe Bachini from The Hub, Bletchley Leisure Centre.

Unfortunately, our speaker, Zoë Bachini, wasn't able to attend our PPG meeting. Jane mentioned that she had been at the surgery to talk to staff that day at lunch time and it was possible that she thought the PPG meeting would be then.

Agenda Item 6: Red House Surgery's Singing Group

Steve mentioned that the Singing Group will be performing at the "Cancer and Beyond" meeting on Thursday from 6 pm to 6.30 pm whilst those attending the meeting arrive. He asked that the singers arrive at least 15 minutes before scheduled to sing.

Agenda Item 7: Surgery Update

Jane and Dr Bunting reported that:-

- ❖ There are one or two people interested in having an allotment. This was discussed at a previous meeting.
- ❖ Dr Reji, a trained doctor, commenced recently as a trainee GP and will be at the practice for 6 months.
- ❖ Mandy Tudor has commenced working at the surgery within the admin team and is going to lead as reception manager.
- ❖ The surgery is wanting to further promote on-line services, the use of electronic prescription service (EPS) and downloading the MJOG app. A handout has been produced which will be given to patients.
- ❖ There was no update regarding the surgery's move or expansion.

- ❖ Primary Care Networks (PCNs). These PCNs are following on from the clusters that have already been formed. The size for a PCN is between 30,000 – 50,000 patients but it is thought 45,000 is ideal. Currently Red House is clustered with Whaddon Medical Centre and Cobbs Garden Surgery. Details are still being worked out and during April practices will need to decide and agree their PCN. This will then go to the CCG for approval and will be agreed by May and be functioning on the 1st of July. There is a considerable amount of work to organize during April/May. We very much hope to continue working with Whaddon and Cobbs.
- ❖ Jane informed us about a new health initiative at Bletchley Leisure Centre. It is a Health Hub to inspire health for everyone who has been advised by a doctor or medical professional to increase their physical activity levels. This is to encourage weight loss, help reduce blood pressure and sugar levels and increase body strength. Those who join also benefit from free public swimming and are able to attend the Zumba, pilates and yoga classes. Patients can take themselves along to the centre and join although if referred by a clinician the fee is considerably reduced. Anyone interested in being referred should speak to a member of the practice staff.
- ❖ LiveLife - social prescribing. It is hoped that Tony Villiers will be able to speak at a future PPG meeting. LiveLife is being promoted to assist patients with a variety of issues that perhaps don't need to be dealt with by a GP or Nurse. Red House is promoting this service to patients and is hoping to hold a drop in clinic for patients at the surgery in the future.
- ❖ New GP contract. We were informed that the new 5 year contract was published on the 31st of January. Anyone interested can download a copy of this large document by <https://www.england.nhs.uk/wp-content/uploads/2019/01/gp-contract-2019.pdf>
- ❖ Unfortunately, Why Weight has not been successful with keeping their contact with the CCG. Adam Mole had previously worked with the practice and patients and the surgery are disappointed not to be working with him and Why Weight in the future.

Agenda Item 8. Any Other Business

Self check-in. Clive mentioned that the self check-in doesn't always indicate the rooms where some staff are working. Jane informed us that this is a known problem for all practices, and it is difficult to find an easy solution as the system would need to be changed daily to accommodate staff who have to swap rooms.

Training days: Toni mentioned that she was surprised to learn that all practices in MK are closed for their training days on the same day. Jane explained that the reason for this is that this allows for the practices to undertake a variety of training MK wide when all GPs, all Nurses, all reception staff/admin staff can get together and learn at scale, share ideas and undertake specialist training. The practices are closed for training 10 times per year and around half of these sessions are used by the CCG/federation for meetings/trainings and the others are used by practices as they prefer, often for in-house training. When the practices are closed for this training people are looked after by the deputizing service who normally looks after people from 6.30-8am (outside of core hours). Patients just need to 'phone 111 as they

would do when their surgery is closed and if appropriate, they will be referred to the deputizing service.

On-line PPG group. Mark is keen to make better use of our PPG on-line group to engage younger people and to have more communication with the group. This will tie in with Steve's bi-monthly circular.

Quiz. Steve mentioned previously his wish to have a health related quiz at one of our PPG meetings, possibly at our April meeting.

Agenda Item 9: Dates of next meetings

- (a) Core Group meeting - Wednesday, 3rd April, 2019 at 10 am
- (b) PPG meeting - Monday, 8th April, 2019 at 6.15 pm