

MINUTES OF VIRTUAL MEETING HELD 8th March 2021

1.	<p>ATTENDANCE</p> <p>Apologies: Shona Manson; Clive Robinson; Jane Hanlon</p> <p>Present: Steve Bates; Christine Cartwright; Elspeth Woods (late); Bruce Battams; Jan Lloyd; Jane Hanlon; Mark Pitman; John Neale; Gordon & Angela Lovell; Judith Westall; Fay Read; Bob and Vanda Gould; Dr Nigel Fagan; Sarah Setterfield</p>	
2.	Minutes from February 2021 adopted	
3.	<p>GP Report –</p> <p>Dr Fagan gave an update on the vaccination position. All on track at the moment, the system is working well. Likely to be a little dip towards the end of March as supply issues resolved. Next week will be 2nd vaccinations for care homes – including The Lindens and a push to get more staff to be vaccinated. As we move to April more challenging in terms of the mix of first and 2nd does to be administered at the same time.</p> <p>More advice coming through from Oxford re allergies, and particularly concerns over whether vaccination for younger women and pregnancy. Nigel referred to PHE/Royal College of Gynaecology and Obstetrics for up to date information.</p> <p>The next challenge will be the return to “normality” – priority up to March is vaccination but from April it will be catch up on routine other GP requirements e.g. diabetes management and respiratory management. We have been luck as Frida and Erica respectively are not too far behind where they would have been and both have also done shifts at the vaccination clinics too – so Red House is managing effectively already – but as NHSE issue more guidance we’ll be updated.</p> <p>No further info about premises – ticking along in the background.</p>	<p>ACTIONS</p>

4.	Speakers: Raj and Belinda from Crown Physiotherapy team - First Contact Practitioners	ACTION
	<p>An excellent presentation from Raj and Belinda updating us on how the provision is working. Raj told us about his background and training first degree in India then postgraduate in New Zealand. He joined the Red Cross in Bletchley from there he has joined Crown. Belinda is well known to Red House and is welcomed back.</p> <p>Raj explained how first contact works and that there is no need to be referred by a GP and explained that he works alongside Belinda for exercise/ injections and between them they can work out plans for exercise. He clarified where the community physios are based too.</p> <p>Physiotherapy – has it changing in its focus? Rav explained that it has shifted from theory to hands on to hands off now – and self-treatment through exercise.</p> <p>Belinda was able to join in and re-iterated the differences between first-contact and the general Community Physio Service contract which will be up for renewal in March 22. Who knows what will happen then but hoping that the GPS will continue to be well served.</p> <p>Contact with Raj and Belinda is made through contacting the surgery.</p> <p>Steve thanked both Belinda and Raj for their help and their time to talk to us.</p> <p>Future Speakers – Jan Lloyd</p> <p>Jennifer Harris will send the details of The Parks Trust Events manager directly to Jan to arrange her talk for the April meeting.</p>	<p>Completed.</p>

5.	<p><u>Matters Arising</u></p> <ul style="list-style-type: none"> a) Flower borders looking good and Bruce confirmed he has ordered some new shrubs. b) Paul Egerton – has contacted the PPG about his new Well-being Hub information available from Steve just let him know and he'll send out all that he has. 	<p>ACTION</p> <p>Elsbeth to send the info round all PPG groups</p>
6.	<p>Surgery General Update</p> <p>Deferred in Jane's absence</p>	
7.	<p>AOB</p> <ul style="list-style-type: none"> a. John has kindly offered for us to meet in his garden when weather improves and we can have a meeting/social event. Everyone very happy with that and very grateful to John for his offer. Yes, we can see the church too. b. A couple of suggestions picked up from clinic queues for activities going forward – using clinic carpark on Saturday for a table event – somewhere for people to come along and just browse of buy – PPG books are piling up – and our knitters. Also social prescribers thinking about a café type event talk and tea. Lots of things to sort out but some ideas. The possibility of an allotment is always there, a way to get nutritional benefits as well as well-being and maybe even exchange of produce at table sales at some point in the future. Bruce mentioned Age Concern and Motivation/ Training opportunities – Steve suggested Bruce speak to social prescribers. c. Bruce also mentioned Jennifer and The Parks Trust and programmes getting back under way. 	<p>ACTION</p>
<p>Next meeting – Monday 12th April 2021 @ 5.45pm</p>		

Core Meetings Wednesday @ 10.30am	PPG Virtual Meetings Monday 5.45pm	AGM
8 th January 21	11 th January 21	
3 rd February 21	8 th February 21	
3 rd March 21	8 th March 2021	
7 th April 21	12 th April 21	
5 th May 21	10 th May 21	To be held adjacent to this meeting
2 nd June 21	7 th June 21	
7 th July 21	12 th July 21	
4 th August 21	9 th August 21	
1 st September 21	6 th September 21	
6 th October 21	11 th October 21	
3 rd November 21	8 th November 21	
8 th December 21	13 December 21	

Elsbeth Woods

Secretary to Red House PPG