

# Patient Participation Group Meeting held on Monday, 8th January, 2018

### **Agenda Item 1: Present**

Steve Bates (Chair), Toni Rampello, Vanda Gould, Bob Gould, Bruce Battams, Judith Westell, Michael Whitehand, Gillian Holloway, Clive Robinson, John West, Dallas Sherwood, Jan Lloyd, Gordon Lovell, Nigel Vaughan, Mark Pitman, Fay Read, Jane Hanlon (Practice Manager), Dr Lucy Marchand (GP) and Angela Lovell (PPG Secretary).

## **Agenda Item 2: Apologies**

Christine Cartwright

## **Agenda Item 3: Minutes of December meeting**

The minutes were circulated prior to the meeting and it was agreed that they are an accurate record of the meeting. They will now be included on the surgery's website.

## **Agenda Item 4: Matters arising**

- (a) <u>Patient Congress</u> an update: Steve mentioned that the Patient Congress isn't expected to last much longer. Some members don't think Health Watch deals well with PPG's.
- (b) <u>Horticulture</u> When Gordon and Angela were tidying the raised flower beds it was noticed that some of the spring bulbs are showing. They should be very colourful in the spring.
- (c) <u>Future speakers</u> Jan reported that she is trying to get a speaker from Medical Dogs for our March PPG meeting but hasn't heard back from them yet. She is hoping that a specialist stroke nurse will be the speaker for our June meeting. It was suggested that a speaker to talk to us about 'the journey of blood' at the hospital would be an interesting subject.
- (d) <u>Health Education session 10<sup>th</sup> January, 2018</u>. Clive reported that attendance at this information session for parents and those who look after young children was very poor. Clive and Christine, who are PPG members, offered to serve tea and biscuits at this event.
- (e) <u>CPR and defibrillator training course, 6pm on 10<sup>th</sup> January at the surgery</u>: Our PPG were the lucky winners of the November draw offered by the company ECG which is located in Cosgrove. They were offering free training to the lucky winners of the draws in October, November and December. It was decided that we would have this training at 6 pm 8.30 pm on 10<sup>th</sup> January,

- 2018. Angela reported that 13 of our members wished to attend maximum 15.
- (f) <u>Cheque to Willen Hospice</u> Christine has sent a £50 donation to Willen Hospice in thanks of our excellent visit to the hospice.
- (g) Progress on a bench This will be revisited at our February meeting.

## **Agenda Item 5: Our speaker for this meeting**

Steve welcomed our speaker, Tyronne Blackford-Swaries who is the new lead on Mental Health for CNWL covering Milton Keynes. CNWL is Central and North West London, NHS Foundation Trust which is an NHS provider of mental health, sexual health, physical health, addiction, eating disorders and learning services. Mr Blackford-Swaries informed us of the progress which has been made since he started this appointment. Following his talk, our PPG members had an opportunity to ask questions. We were all given a considerable insight into mental health services covering Milton Keynes. Steve expressed our thanks and presented Mr Blackford-Swaries with a small token of our appreciation.

# Agenda Item 6: PPG Awareness Week, 4th to 9th June, 2018

Steve informed us that the PPG Awareness Week is in June and asked us to think how we could be involved in this. We were asked to bring thoughts to our next PPG meeting.

# **Agenda Item 7: Update from the Surgery**

Jane informed us that she will be circulating a questionnaire to PPG members in response to a CCG request relating to patient safety.

### Agenda Item 8: Ideas for 2018

Steve asked for suggestions to increase our dynamic and influence by considering ways we can help the surgery or patients regarding health matters. Suggestions were weight reduction sessions (planned but not yet commenced) and how to help people who are isolated. Angela mentioned a radio presenter who had lost her mother and decided to befriend a lady in her nineties. She mentioned that she phoned the lady each week, occasionally took her out for a meal and would call in and see her . The radio presenter said she had gained so much from this herself. It was agreed that the PPG should have a 'think tank' at our next meeting to consider what we can do.

### **Agenda Item 9: Any other business**

- (a) We were informed that Clive is now superintendent of the car park. He was thanked for gritting the paths and car park during the very cold weather. Clive mentioned that there is a problem with the drainage and asked for some help removing one of the drain covers on 25<sup>th</sup> January, weather permitting.
- (b) Dr T Yusuff who has been working as a locum for us has now finished.
- (c) Dr Nicki Babalola will be working on Wednesdays and Fridays as a locum until Dr Rahman returns.

(d) Vanda was again thanked for the large number of beautiful twiddle muffs she has made for dementia patients. She is now knitting 12" squares which will be sewn into brightly coloured blankets for end of life patients and the homeless. Others are invited to join in making these. Vanda asked for volunteers to sew the squares together. Offers of help to Vanda.

# **Agenda Item 10: Dates of next meeting**

Core Group meeting - Wednesday, 7th February, 2018

PPG meeting - Tuesday, 13<sup>th</sup> February, 2018

(7.2.2018 ail)