

Minutes of the Patient Participation Group Meeting held on Monday, 8th July 2013

Agenda Item 1. Registration

<u>Present</u>: David Lloyd (Chair), Fay Read, Anne Nash, Sylvia Ellwood, Betty Moon, Michael Whitehand, John Neale, Sheila Dale, John West, Dr Nigel Bunting (GP), Jane Hanlon (Practice Manager), Gordon Lovell, Sam Shunmoogum, Judith Westell, Jan Lloyd and Angela Lovell (PPG Secretary).

Agenda Item 2. Apologies

Victoria Shiner, Steve Bates, Christine Cartwright, Maureen Gladwin, Mark Pitman, Nigel Vaughan, Dorothy Lloyd and Rosi Shunmoogum.

Agenda Item 3. Adoption of Minutes of the meeting held on Wednesday, 12th June 2013.

The minutes were circulated prior to the meeting and were adopted as an accurate record of the meeting. They will be published on the PPG section of the Surgery's web page.

Agenda Item 4. Red House Rovers: Update

Judith informed us that the June walk was very successful and that a patient has offered to help with the walks for which she was most grateful.

The date of the next walk scheduled for 23rd July is at Caldecotte Lake, meeting at Dobbies at 2 pm. Judith reminded us to take water and sunscreen.

Agenda Item 5. Red House Champions Project: Update

Jan reported that to date there has been no response to this. However, it appeared that the 2 leaflets are not on display yet and the small leaflets are not available. (Following the meeting Jan reported that a leaflet is in fact on display downstairs. We need to check that the other leaflet is available to display upstairs.)

Agenda Item 6. Patient Congress and MK Commissioning Update

Unfortunately Victoria was unable to attend the meeting as she was at another PPG related meeting. However, we will be given an update at our August PPG meeting.

Agenda Item 7. Horticulture: Update

Angela reported that the raised flowerbeds are looking good and extended thanks to our PPG members who are keeping them weed free and watered. It was decided not

to have a rota for doing this as it is working so well at present. John offered to let us have some leaf mould to prevent the soil drying out so quickly. Angela mentioned that it is intended to plant miniature daffodils and irises in the autumn.

Agenda Item 8. Possible Visits

- (a) <u>Update regarding possible speaker from and visit to Willen Hospice</u>. Michael reported that he had made enquiries regarding a speaker and tour of Willen Hospice and they are keen to cooperate, firstly with a speaker followed by a tour for a group of 5 PPG members. The contact person is Marilyn David who is the manageress. Corah Granfield is the Clinical Nurse Specialist at Willen Hospice and possibly the person who would come as our speaker.
- b) Possible visit to the Safety Centre This was suggested by Victoria and John N who is a volunteer there 2 days a week. He told us that 72 school children in years 3 to 6 visit there daily. The centre has 12 scenarios teaching children basic first aid, Internet safety and fire safety etc. The children spend 10 minutes on each scenario. It was agreed that we would give a donation and John would be happy to organize the visit.
- c) Possible visit to the re-cycling centre David to report back.
- d) Other visits To discuss the possibility of 'away-day' visits to, for example, the Royal College of Physicians in Regents Park, The Wellcome Trust museum and exhibition in Euston Road and the Royal College of Surgeons in Lincoln's Inn Fields. Fay kindly offered to check out the Wellcome Trust and report back.
- e) <u>To update the list of members keen to visit the Path Lab</u> David asked for names of PPG members who would be keen to visit the Path Lab. Anne, Gordon, Judith and John W expressed their interest.
- f) <u>InHealth Group</u> It was suggested that a visit to this diagnostic imaging service (MRI's) would be interesting.

All present expressed their interest in these possible visits and they will be followed up at future meetings.

Agenda Item 9. Programme of future speakers

Judith updated us on future speakers at our PPG meetings.

- ❖ 13th August 2013 David Thorson (Victoria's husband) Basic life support.
- ❖ 14th October 2013 Hazel Reynolds. Dementia
- 22nd December, 2013 Gillian Momi. Weight management and healthy eating. Gillian is a Milton Keynes Hospital dietician.

Agenda Item 10. Plans to create an updated list of PPG members with contact details to be held by Officers. (Angela/David)

We are indebted to Jane who has kindly held the circulation list for our PPG members since the inception of the Red House Surgery's PPG. Jane's list is confidential and a while back this proved a problem when she was away and we wanted to circulate minutes and an agenda for the next meeting. A possible way around this was discussed with Jane and one option was for it to be held by Angela

with David also having a copy of the PPG circulation list. It was decided that we should do this. Jane, will circulate an email on our behalf, asking PPG members to let Angela have their contact details.

Agenda Item 11. PPG and Online Patient Group: Identification of issues 'Parlour Game' exercise for the basis of the 2013 – 14 survey

David conducted a focus group exercise to identify any issues members have with the surgery. The conclusion is that concerns about the web site and the 'book ahead' appointment problems will be taken forward to be incorporated in the 2013 – 2014 DES survey. (Attached to the minutes are full details of the results of this exercise.)

Agenda Item 12. To discuss the desirability of inviting members of a local PPG to attend our meetings

David informed us that he had met with Barbara Nash who is a member of another Milton Keynes PPG to discuss if and how we can help them. It was agreed that if it would be helpful to them, we should invite one or two of their PPG members to one of our meetings, preferably when we have a speaker, to experience how we run our PPG.

Agenda Item 13. GP Research. To report work that Dr Nigel Fagan will be organizing through this Practice

David reported that he had received a letter from Dr Fagan outlining 3 research projects the surgery will be participating in. They are:-

STILTS a small number of patients identified with low body mass index will be written to and invited to complete a questionnaire and provide a saliva sample for DNA testing.

HEAT a larger study involving patients taking aspirin and inviting them to be tested for Helicobacter status and then randomised to either no treatment or eradication.

EXPERT inviting smokers to undertake an online questionnaire and support program to see if these improve motivation to stop smoking.

Dr Fagan asked the study coordinator whether there was a role for the Patient Participation Group and they advised not for these studies although they are actively using PPG's, particularly in the earlier stages of studies with regard to study design and literature.

Agenda Item 14. News from the Surgery

Jane and others involved were congratulated on the superb upgrades to the surgery.

Jane informed us that she is still getting quotes for replacement chairs. She was asked if it would be cheaper to have the existing chairs recovered but the preference is for new chairs.

Sheila drew attention to the fact that the acoustics in the building have been badly affected by the refurbishment and asked that this be borne in mind when making a decision regarding curtains/blinds. Curtains would help by softening the surfaces.

Jane mentioned that they are looking into the possibility of having either curtains or blinds which would help soften the sound. We were told that we can always use the sliding doors to partition the room during our meetings which might help.

Agenda Item 15. GP Update

- Dr Bunting mentioned that Using SystmOne there is the potential to share information when referring patients to other clinics but this would be with the approval of the patients concerned. He said this would cut out time when referring a patient as there would be instant access to medical records for the person to whom the patient is referred.
- ❖ There is a problem with ordering on-line prescriptions for some patients and this is to be looked at.

Agenda Item 16. Any other business

PPG members present wished to thank the doctors and staff at Red House Surgery for the attention they get from the surgery.

Agenda Item 17. Dates of next meetings

Core Group meeting - Tuesday, 6th August, 2013 at 12.30 pm

PPG meeting - Tuesday, 13th August, 2013 at 6.15 pm

(21.7.2013 ail)