

## MINUTES OF MEETING HELD 14<sup>th</sup> October 2024

1.	<b>ATTENDANCE</b>  <b>Apologies:</b> John Neale, Angela & Gordon Lovell, Judith Westell, Fay Read, Tania Pal, Sheila Dale, Sarah Setterfield, Liz Mold  <b>Present:</b> Mark Pitman, Shona Manson, Anne Minihan, Mary Tait, Bruce Battens, Stuart Westley, Jan Lloyd, Steve Bates, Christine Cartwright, Bob & Vanda Gould, Jane Hanlon, Clive Robinson, Hilary King, Dallas Sherwood, Sandra Whitefoot, Elspeth Woods, Dr Omar	
2.	Minutes for September 2024 approved.	
3.	<p>Speaker: Vicky Howley who is part of Parkinsons UK support group in MK shared with us, her own personal experience of dealing with Parkinsons. Having been diagnosed in 2020 during the pandemic restrictions, the initial shock of her diagnosis took time to process. She now follows a regimen of exercise, medication and support and manages her busy life, family and her volunteer work effectively.</p> <p>Vicky is keen to demonstrate that people live and work with Parkinsons and through groups such as MK WAGS (working age group), people are becoming more aware and self-supporting. The MK group run regular café events and have recently been left a significant legacy for which they are taking steps to engage with local people living with Parkinsons to inform how this legacy can be used to best effect. In MK there are around 400 diagnosed people, and there will be more in the process of awaiting a formal diagnosis.</p> <p>The Parkinsons UK website has good resources, including exercises that can be done at home.</p> <p>Vicky patiently answered our questions, and we were taken aback to hear that the youngest diagnosis at the present time is a 7-year-old, challenging our perception that it is a condition of the elderly. We were also shocked that MKUH does not have a neurological consultant, our nearest being Northampton, Oxford &amp; Cambridge.</p> <p>We all learned something about this condition and very much appreciated Vicky's openness in sharing her own journey. Mark thanked Vicky and presented her with a small token of our appreciation.</p>	
4.	<b>Surgery Update:</b> Dr Omar and Jane Hanlon provided an update on surgery business, Dr Adio is settling in well. We have a new nurse Vicky Ellis who is currently undergoing her induction training. A further nursing vacancy is currently being processed and will hopefully complete by early 2025.	
	PPG UPDATES	ACTIONS
5.	<b>Treasurer's report:</b> (Including sales of birdboxes and deer at tombola events) the amount raised from our PPG awareness events both stand alone and as part of the flu clinics are as follows:	

	<p>PPG Awareness £150.61</p> <p>Tombola 5/10/2024 £265.55 (Including 3 Bird Boxes)</p> <p>Tombola 12/10/2024 £295.31 No Sumup yet in this figure as was not shown on bank account (Including 1 Bird Box)</p> <p>Total Tombola £560.86</p> <p>Balance in Bank £3,248.21 Cash £67.65</p> <p>Total £3,315.86</p> <p>A suggestion was put forward by Shona and seconded by Elspeth, that going forward, the PPG should be paying for the newsletter. This was carried unanimously.</p> <p><u>Speakers for 2025:</u> Jan thanked Jane for her help in managing the speakers in her absence through poor health. There was general discussion around whether speakers every meeting was too much and making meetings too long. That has to be balanced with the fact that many people enjoy the speakers. We have speakers already arranged for November, (Pauline Jarvis from MK Sensory Services) and January 2025 (Danny Graham, Station Commander at Blue Light Hub). December is Christmas party so no speaker. From January 2025 we'll try to operate on a speaker one month with short agenda followed by a more in-depth agenda the following month with no speaker. This should be flexible and linked to forward planning for 2025 programme.</p> <p><u>PPG Awareness:</u> Generally speaking, it was a success in that funds raised at the flu clinic via the tombola were solid, although the two days outside in September less so. The weather was undoubtedly a factor. Several points were raised over the need for volunteers beforehand, not just on the day, and also the need to plan ahead as we all have busy lives and other commitments. Also, timing and format. This is held over for further discussion with action point identified.</p> <p><u>Bletchley PPG Collaboration:</u> Elspeth gave a brief update on the meeting held on 1<sup>st</sup> October. Westfield Road, Bedford Street, Whaddon and Red House were all represented. Discussions centred round our shared experience of surveys</p>	<p>The core team to discuss format for managing speakers taking account of discussions</p> <p>Mark/Elspeth to make contact with Walnut Tree to arrange a chat.</p> <p>A small sub-group to look at next year's programme of events well in advance</p>
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	<p>and feedback. The idea of having a joint speaker event in the new year was well received with Whaddon/Red House taking that forward. It will be important that all surgeries involved take on their fair share of organising – at the moment a lot is coming our way. We agreed to meet quarterly going forward. Elspeth mentioned that there is a new Chair at Walnut Tree surgery who has made contact.</p> <p><u>NAPP – AGM:</u> The AGM is live streamed/ZOOM on Saturday 16<sup>th</sup> November. See below for details. If you would like to listen please let Mark know by 10<sup>th</sup> November so that you can receive a link to join. Jane, Shona and Elspeth are unavailable to attend this year – so we do need other people to join. We do not have an entry in the Corkill Award but it is interesting hearing what other PPGs are doing.</p> <p><u>SURVEY:</u> Anne suggested we have sufficient (78 in paper and 86 online.(164) to get meaningful feedback. We will stop it now, if a few stragglers come in they will be forwarded to Anne. She will work on this and hopes to have preliminary trends for November meeting. It may need to be carried over to 2025 for in depth findings.</p>	<p>Let Mark know via the <a href="mailto:redhouseppg@gmail.com">redhouseppg@gmail.com</a> if you are attending.</p> <p>Anne to give preliminary trends at November meeting</p>
6.	<p><u>A.O.B</u></p> <p>Jane mentioned the recent Integrated Care Board (ICB) report from their visit this month. They were very pleased with the report and picked out engagement with PPG. This is something to be celebrated.</p>	
	<p><b>Next PPG meeting – Monday 11<sup>th</sup> November 24 @ 6.15pm for 6.30pm start</b></p>	

Elspeth Woods

Secretary to Red House PPG

**Future PPG Dates for 2024 (2<sup>nd</sup> Monday of each month)**

<del>8<sup>th</sup> January, 2024</del>	<del>12<sup>th</sup> February</del>	<del>11<sup>th</sup> March</del>	<del>8<sup>th</sup> April</del>
<del>13<sup>th</sup> May</del>	<del>10<sup>th</sup> June</del>	<del>8<sup>th</sup> July</del>	<del>12<sup>th</sup> August</del>
<del>9<sup>th</sup> September</del>	<del>14<sup>th</sup> October</del>	11 <sup>th</sup> November	9 <sup>th</sup> December

## N.A.P.P. 2024 AGM Invitation

**National Association for Patient Participation (CIO)**

Wed, 9 Oct, 10:17 (6 days ago)



**Date:** Saturday 16th November 2024

**Time:** 10:00am to 10:40am for the AGM and 11:00am to 12:45pm for the Corkill Award presentations by The President. We advise that attendees dial into the teleconference and live feed 10 minutes early (i.e. at 09:50am) as we will be starting promptly.

**Location:** Teleconference (via Zoom) or live feed

### The National Association for Patient Participation Annual General Meeting (AGM)

This year's AGM will be delivered virtually as both a **teleconference** (via Zoom) and a **live feed**. To ensure that we provide the most appropriate level of access to trustees:

- We request that **PPGs determine internally which members will attend on their behalf** (to ensure that the AGM is quorate). These nominated individuals will receive a Zoom link. All other members interested in joining the AGM will be sent a link to the live feed.
- While there will be time allotted for questions during the AGM, we kindly request **attendees submit their questions in advance, if possible**, due to time constraints

### Corkill Award Presentations

Following the AGM (at approximately 11:00am to 12:45pm) we will be hearing from our **Corkill award nominees** with time for a 'Question and Answer' session. A separate link (in the same invitation) will be sent to attendees of the seminar, all AGM attendees are invited to join. **Members who elect not to attend the AGM are welcome to attend the seminar.**

### Indicating your preference



Please respond to this message by Monday 10th of November:

- Identifying whether you will be voting on behalf of your PPG,
- The name of your PPG and
- Any questions you wish to pose to the AGM.

Once we have received your message, we will send invites with the appropriate links.

If you have any questions or concerns, please let us know.

Take care and we look forward to hearing from you.

N.A.P.P's Board of Trustees