



Charity Registration number: 1209751

**ARE YOU STRUGGLING WITH A LOVED ONE IN ADDICTION?
WE CAN SUPPORT YOU TO.....**

CONNECT with others who understand
retain **HOPE** & optimism
rediscover your own **IDENTITY**
develop more **MEANING** & control over your life
EMPOWER yourself & be more positive

**We offer face-to-face meetings, guest speakers to increase your
knowledge & online support**

**We are all volunteers with lived experience & everything we do is
confidential, non-judgemental & free**

**We understand how isolating this can be - so come and have a cuppa with
us, you will be very welcome at any one of our local meetings which take
place in the evenings**



**To find out more please contact us.
Please be aware that our phones are manned
Monday-Friday (9am - 5pm only)
on 07598 346244 or 07874 849659**

**Website: www.dafsmk.co.uk
Facebook page:
DAFS-Drug & Alcohol Family Support**

INSPIRING HOPE!