

Milton Keynes Local Group Meeting

We offer:

Help and support for everyone living with or affected by Diabetes



Topic: Let's have a fun look at the carbohydrate (sugar) levels in our favourite foods.

Speaker: Due to unforeseen circumstances our speaker has had to cancel. An interactive session will be led by committee members.

When: Thursday 16th April 2026

Where: Centrecom Community Centre, 602 North Row, Secklow Gate West, Central Milton Keynes MK9 3BJ

Free Parking

Join us from **7pm** for a cuppa and chat with other people in the community.

Meetings start 7.30pm

Meetings are free to attend and open to all

For More Information Call: Corinne on 07964161792 or Lesley on 07841979760
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